



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WATER FUN & FITNESS FOR ADULTS

**Check out what Aquatics has for you!**

## **WATER FITNESS CLASSES**

- Aqua Masters
- Aquafit
- Liquid Toning
- H2O Feeling Fit
- Aquabuilt
- Water Works

## **& MUCH MORE**

- Private Swim Lessons
- Autistic/Special Needs Swim Lessons
- Open Swim
- Birthday Party Pool Rentals

If you have any questions  
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